

**5th Annual Summit on Substance Abuse,
Mental Health and School Safety/Discipline
Best Practices for Working with Youth
March 7-10, 2010
Callaway Gardens
Agenda**

**Sunday, March 7th – Pre-Conference
Pre-Conference Workshop**

4:00 – 5:30 **Summit Registration**

4:45 **Workshop Proctor Training**

5:30 **Dinner Reception** **Longleaf D&E**
BECAUSE WE LOVE CHILDREN - Cathy McCall
This session will allow Cathy McCall, an incest survivor, author, family therapist, mother and grandmother to share how her personal journey has shaped her perspective on the joys, responsibilities, and challenges of working with and for the children.

Monday, March 8th

7:00 – 8:00 **Registration and Continental Breakfast provided** **Longleaf Pre-function**

8:00 – 9:15 **Plenary** **Longleaf ABCD**

Welcome & Opening Remarks by Summit Partners

9:30 – 10:45 **Morning Concurrent Sessions A**

1. **Current Trends in Adolescent Substance Abuse**– Mike Nerney
This workshop will allow participants to explore the connections between kids and drugs and the motivation for these connections in light of new brain research. Participants will learn the latest information on marijuana, Foxy (5MeoDIPT), Salvia, Psychedelic Mushrooms, Cocaine, Prescription Drugs, and Over-the-Counter Medications, Special K, GHB, "Robo-shots", XTC, Ritalin, heroin, inhalants and other new trends. New methods of marijuana use, including vaporization, baking, and the addition of other drugs into the mix, will be discussed
2. **Bullying in the Digital Age** – Patty Agatston
This workshop will focus on "best practices" for addressing bullying behavior, and also review current research on the forms, methods, and prevalence of cyber bullying behavior. A wealth of information already exists on effective "best practices" for traditional bullying. This session will analyze the similarities and differences between traditional bullying and cyber bullying and relate how effective strategies for bullying prevention can be adapted and applied to cyber bullying behavior.
3. **Drugs in Schools** – Isabel Burke
This workshop will focus on issues and procedures to deal with suspected contraband in the school setting. At the end of this session, participants will be able to identify specific steps for dealing with suspected substances, explain at least 3 purposes of written guidelines for dealing with substances, and replicate 2 techniques for safety and safekeeping of suspected substances.
4. **Gangs** – Marc Fomby
This workshop will cover the basics of gangs from a historical perspective as well as explore current trends. The term "gang" will be defined, and different types of gangs will be discussed. Participants will closely examine the customs of the traditional street gang and learn about their colors, rituals, organization and practices

5. **Tantalizing Teambuilding Activities: Proven Mind+Brain Energizing Exercises You Can Use to Enhance Teamwork, Communication and Trust**– Donna and Noel Love
This workshop will take you on a dynamic thrill ride as veteran trainers engage you in experiential activities in topics ranging from change, stress, emotional intelligence, productivity, and how to work with difficult people. This presentation is peppered with humor, fun, and creativity; and you will leave with your own toolkit of effective strategies that can be utilized in any school, treatment center, office or work setting.
6. **DJJ Education** – Jack Catrett, PhD and Martha Patton
This workshop will be describing the process for a youth entering the education division of the Georgia Department of Juvenile Justice. They will describe the process for education evaluation and placement of students in YDC. They will offer experience and feedback regarding some of the challenges and triumphs in working with this population. Lastly, they will describe the graduation process for these youth. They will also offer a question and answer time for participants
7. **Motivational Interviewing** – Worth Bolton
This workshop will educate participants concerning Motivational Interviewing, a directive, client-centered counseling style for eliciting behavior change by helping clients/students to explore and resolve ambivalence. Compared with nondirective counseling, it is more focused and goal-directed

10:45 – 11:00 **Break** – Snacks provided

Longleaf Pre-function

11:00 – 12:15 **Morning Concurrent Sessions B**

1. **Current Trends** -Continued
2. **Cyber Bullying** – Continued
3. **Drugs in Schools** – Continued
4. **Gangs** – continued
5. **Teambuilding** – Continued
6. **DJJ Education** – Continued
7. **Motivational Interviewing**- Continued

12:15 – 1:45

Lunch provided
Rep. Brooks Coleman - Legislative Update

Loblolly Ballroom

2:00 – 3:15

Afternoon Concurrent Sessions C

1. **Adolescent Development, Depression and Suicide** – Mike Nerney
This workshop will allow participants to explore the unique structure and function of the adolescent brain; examine factors contributing to adolescent depression; understand the difference between vital and reactive depression; discuss the use of SSRIs and risk of suicide; recognize signs and symptoms of depression in adolescents; and identify “red flags” for suicide potential. Suicide continues to be a serious risk for adolescents, currently ranking as the third leading cause of death among 15-24 year olds. Participants will explore assessment and treatment strategies for depression.
2. **Secrets of the Steet: What Kids Know That We Need to Know** – Isabel Burke
Do you want to find out what kids are doing? This is a lively peek inside youth cultures. Learn about the latest trends and learn what you can do to help keep your child safe. Interesting and important for parents of all young people! At the end of this session, the participants will be able to describe several substances favored by youth, effects and risks, identify ages of first use of substances that can relate to future problems, relate youth health and safety with use of substances, and outline strategies that will reduce your child’s risk of using substances.
3. **PowerPointless: How to make your Presentation Sizzle**– Jeff Inman
This workshop will give you general guidelines for a good presentation pointing out the biggest mistakes. You will learn how to say it with pictures instead of words, incorporate hyperlinks, capture screen shots and video from the web and integrate into your presentation. This session will also include how to protect your content and make the presentation portable on a flash drive.
4. **Gangs** – Marc Fomby (Repeat of Session A1)

5. **Bullying Prevention 101** – Mary Johnson
This session will look at best practices in bullying prevention, what is bullying, what the law in Georgia says we must do, how to get started, and how to prioritize this need when everyone is so focused on school improvement and student achievement. Appropriate interventions in dealing with bullying behavior will also be shared.
6. **DJJ Education** – Repeat of Session A-7
7. **The Mandate to Report, the Opportunity to Prevent Child Abuse**– Liz Ferguson
This workshop will provide an overview of child abuse for various community-based professional disciplines and service providers who are required to report suspected child abuse and neglect. It will include information and tips for incorporating child abuse prevention into their work on a daily basis.
8. **Motivational Interviewing** - continued

3:15 – 3:30

Break – Snacks provided

Longleaf Pre-function

3:30 – 5:00

Afternoon Concurrent Sessions D

1. **Depression/Suicide** – continued
2. **Secrets of the Street** – Continued
3. **Gangs** – Continued
4. **Bullying Prevention 101** – continued
5. **DJJ Education** – continued
6. **The Elephant is Still in the Living Room**– Noel Love
We have all worked with kids living in hurting and struggling families. Because of the unwritten and unspoken rules, these kids possess predictable survival roles that affect self-esteem, academic productivity, and sometimes the entire dynamics of the learning environment. This workshop will be highly interactive and experiential to learn tools and strategies for working with these children who are living in troubled families.
7. **Motivational Interviewing** – Continued

5:00 – 6:00

Prevention Credentialing Consortium of Georgia Q & A Session

Tuesday, March 9th

7:30 – 8:00

Registration and Continental Breakfast provided

Longleaf Pre-function

8:00 – 9:15

Plenary – “UR Ugly, U Suk, IHU: The Hidden World of Girl Bullying and Relational Aggression”– Donna Love

Longleaf ABCD

Welcome to the “*Girl World*” where girls are sending hurtful text messages, spreading nasty rumors, divulging secrets, repeating taunts, flinging insults, backstabbing, ignoring and excluding others from social activities. These acts of relational aggression inflict emotional pain, damage relationships, and cause havoc in any learning environment. How can we challenge these *girl-on-girl* bullying behaviors? By examining attitudes, discovering personal strength-based approaches, and learning a variety of best practices for effective interventions, we can, together, heal the divide between girls and help break the cycle of social and relational aggression.

9:30 – 10:45

Morning Concurrent Sessions E

1. **Beyond Zero Tolerance: Effective School Alcohol/Drug Policy**– Isabel Burke
This workshop will discuss policies, consequences, procedures, record-keeping; examine case studies, explore sensitive issues and liability. You will learn to prepare and implement your policy for maximum effectiveness. Bring your alcohol/drug policies to this session and at the end of this session, the participant will be able to recognize specific components of effective policies, outline specific procedures to enhance policy effectiveness, recognize at least 2 mistakes that could expose schools to ridicule or lawsuit, and identify specific policy sections that need review and improvement.
2. **The Neurobiology of Learning and Adolescent Substance Abuse**– Merrill Norton
This workshop will teach the body of knowledge from recent research relevant to the neurobiology of adolescent learning factors and the impact of psychoactive chemical abuse and dependence on those factors.
3. **It's the Thinking, Not the Drinking: Alcohol Advertising, Expectancies & Prevention**

– Peter DeBenedittis

This workshop summarizes Alcohol Expectancy research and teaches how to present lessons challenging youth's beliefs about drinking. Participants will learn how expectancies form, and how advertising works to shape youth's beliefs about alcohol into those comparable to heavy drinkers. The brain science behind how expectancies are organized and create a "placebo" effect will be explained. A fun lesson found effective at changing expectancies and reducing incidences of binge drinking will be demonstrated.

4. **OTC/Prescription Drugs** – Mimi Pappas

Some of the biggest drug threats out there are right in your own home. While use of illicit drugs is declining, abuse of prescription and over-the-counter medications is on the rise. They're easy to get and unfortunately, simple for people to share. Any kind of prescription drug can be abused, and interactions and overdoses can be deadly. During this workshop learn what communities are doing to help fight the problem of prescription drug abuse. Also, hear what people representing the pharmaceutical and over-the-counter industries are saying about what the companies they represent are doing to combat the problem of prescription and over-the-counter drug abuse.

5. **SADD Chapter Development and Support** – Barbara Jones

This workshop will provide information on the development and support of Students Against Destructive Decisions (SADD) Chapters and the Governor's Office of Highway Safety (GOHS) SADD grant program. GOHS has small grants available in the amount of \$2000.00 to either start a SADD chapter or support an existing chapter in high schools. The workshop will give details about the grant program and how your school may apply. Information will also be provided on the SADD mission and benefits of having a SADD chapter in your school.

6. **Message in the Music** – Marc Fomby

This informative, fun, interactive, and educational session will introduce you to the world of Hip Hop and explore the lyrical content of music played over the radio today. We explore current trends by examining the messages that are openly displayed and sometimes hidden in rap. Be prepared for discovery through exploration as this workshop incorporates music from the 1970's through today and its lyrical content.

7. **Prevention Ethics** – Tamika Sanders Jonas

This workshop provides an overview of the ethical dilemmas that prevention professionals encounter. Using the Prevention Think Tank Code of Ethics from the National Association of Prevention Professionals and Advocates (NAPPA) as a framework, participants will: identify standards of conduct for prevention professionals; set professional goals with the prevention ethics standards in mind; and, use a method of decision-making for difficult ethical situations in prevention. Using interactive methods that encourage and support adult learning, ethical principles will be explored. This workshop satisfies the requirements of the PCCG for prevention ethics training.

8. **"Stop in the Name of Love" – Facilitating Solution-Focused Behavior Interventions**

- Noel Love

What's love got to do with it? Well, come and find out. Evidence shows that our relationship with kids is the key to redirecting kids' behavior. After all, it takes no more time to be thoughtful and caring than it takes to be angry and mean. This workshop is for educators, parents, and prevention/treatment professionals who regularly intervene with kids whose behaviors are self-defeating and disruptive. Learn how to intervene while treating others the way we want to be treated – with dignity, respect and honesty.

9. **Promoting Awareness of Motivational Incentives: PAMI** – Taunya Lowe, PhD

This workshop will build awareness of Motivational Incentives (MI) as a science-based therapeutic strategy. MI, also referred to as contingency management, is a form of behavioral therapy based on B.F. Skinner's operant conditioning principles. Positive rewards increase clients/students retention in various settings, a strong predictor of positive treatment outcomes, when compared to counseling alone.

10:45 – 11:00

Break – Snacks provided

Longleaf Pre-function

11:00 – 12:15

Morning Concurrent Sessions F

1. **Beyond Zero Tolerance** – continued
2. **Neurobiology** – continued
3. **Thinking not Drinking** – continued
4. **OTC/Prescription Drugs** – Repeat of Session E4
5. **SADD Groups** – Repeat of Session E5
6. **Message in the Music** – continued

7. **Prevention Ethics** - continued
8. **Stop in the Name of Love** - continued
9. **PAMI** - Continued

12:15 – 1:45

Lunch Plenary - Judge Tommy B Webb

Loblolly Ballroom

You Can Make a Difference - Judge Webb's life story focuses on making a positive difference in a negative world. He has experienced life from a perspective not commonly shared by individuals who live in this part of the world. His dynamic message to value and appreciate the qualities of other people is delivered with a sense of humor that will be inspiring, thought provoking, and entertaining; making his message compelling. The importance of treating yourself with respect and valuing others takes on a special meaning when delivered in a context of the experience of a poor Korean orphan. The power of his story, however, is his ability to weave this foreign experience into a familiar context that anyone can relate to.

2:00 – 3:15

Afternoon Concurrent Sessions G

1. **Enhancing School Security Personnel** – Isabel Burke
This workshop will help participants enhance building security and threat assessment through proven strategies and individual practical skills development for school security staff. This program will help security personnel stay safe and carry out their duties more effectively. We will practice visual scanning, efficient brief report writing and recordkeeping, procedures for dealing with contraband, including chain-of-custody and containment packaging of potential evidence. At the end of this session, participants will be able to identify times and sites with highest potential for conflict, recognize elements of personal dress that pose risks for security personnel, write a brief incident report, and implement procedures for handling, labeling, and protecting contraband.
2. **Attitude, Thoughts, and Values** – Judge Tommy Webb
This workshop is a continuation of "You Can Make a Difference" and is sprinkled with humorous personal anecdotes emphasizing Judge Webb's belief that everyone has value and is special. It is his firm conviction that with a positive attitude your thoughts will change and the value you place on others will escalate.
3. **Media Literacy for Prevention, Critical Thinking & Self Esteem: Deconstructing Tobacco, Violence & Body Image Appeals** – Peter DeBenedittis
This workshop teaches tools of analysis enabling participants to use media literacy for prevention. Once grasping these tools, participants will learn how to use them to deconstruct media that encourages youth to engage in addictive and destructive behaviors. Numerous examples of tobacco, violence and body image media will be featured. Sample lessons and strategies for addressing these topics will be demonstrated.
4. **Message in the Music** – Marc Fomby (Repeat of Session E6)
5. **Prevention Ethics** – Continued
6. **And Words Can Hurt Forever..How to Bully Proof your Environment** – Donna Love
This highly spirited, energizing and interactive workshop will help participants identify and describe the causes and consequences of bullying, bystander, and victim behaviors. The violence continuum begins with name calling, taunting, pushing, excluding others and can escalate to physical violence, including school shootings. Victims of bullying behaviors carry emotional scars to adulthood. Recent research and successful school pilot studies and bullying prevention policies will be presented.
7. **Positive Behavior Support (PBS)** – Jean Ramirez
PBS is a systems approach for establishing the social culture and behavioral supports needed for a school to be an effective learning environment for all students. This presentation will go over the Vision, Values, and Science guiding School-wide Positive Behavior Support. It will define the logic and core features of school-wide positive behavior support. It will also look at how to sustain whole-school systems that support both behavior and academic success.
8. **Dealing with Today's Stress on Children and Parents** – Lauren Deakin, MAMFT
This workshop will examine the stressors facing many average American children, teens, and families. The discussion will explore ways to cope with these stressors through "big picture" methods as well as specific day-to-day skills. Come ready to learn stress-reduction skills in an experiential hands-on way.
9. **PAMI** - continued

3:15 – 3:30	Break – Snacks provided	Longleaf Pre-function
3:30 – 5:00	Afternoon Concurrent Sessions H	
	<ol style="list-style-type: none"> 1. Enhancing School Security Personnel– continued 2. Media Literacy – continued 3. Message in the Music – continued 4. Prevention Ethics – continued 5. And Words can Hurt Forever- continued 6. Tracks of my Tiers : RTI and Your Team – Noel Love This workshop will address the confusion, hesitation, and frustration as questions circulate: What tier is it? Is the intervention evidence-based? How can an SAP Core Team work with RTI? Join this group to look at the many ways “Response to Intervention” can be connected to a Student Assistance Team. It may not be as painful as you think. 7. Keepin’ it REAL – Katie Love-Pride, LMSW, Diane Wilkes, M.Ed, and Amy Head This workshop will explore the scope of underage alcohol use in the state of Georgia and highlight <i>Keepin’ it REAL</i>, a SAMHSA best practices youth drug prevention program. The program focuses on four key refusal strategies as well as the impact of youth values, beliefs and attitudes surrounding the issue of underage drinking and drug use. The program is being implemented in four middle schools and three high schools in Marietta, Georgia through the Office of Safe and Drug Free School’s Grant to Reduce Alcohol Abuse. Please join us for a dynamic, interactive session where you will gain valuable information as well as tools and activities to use with your youth population. 8. PAMI- Continued 	
5:00 – 6:00	Safe and Drug Free School Meeting	Longleaf A&B

Wednesday, March 10th

7:30 – 8:00	Registration and Continental Breakfast provided	Longleaf Pre-function
8:00 – 9:15	Plenary – Columbine 10 years Later-What Have we Learned	Longleaf ABCD
9:15 – 10:30	Morning Concurrent Sessions I	
	<ol style="list-style-type: none"> 1. On the Cutting Edge: The Addiction of Self-Injury – Miguel Fernandez The lives of teen-agers have never been more complicated. We are seeing greater numbers of adolescents displaying maladaptive behaviors in their journey to adulthood. The phenomenon of self-injury is an increasing concern for families, schools, communities and health and Mental Health providers. This workshop explores the internal dynamics of the selfinjuring youth, the concept of self injury as an addictive behavior disorder and the connection between substance abuse and self-injury. 1. Not Even Once: the Launch of the Georgia Meth Project – Jim Langford This workshop will focus on the scope of the meth use and addiction problem in Georgia. Methamphetamine use currently costs Georgia more than \$1.3 billion per year in costs that include incarceration, health care, foster care, law enforcement, and lost productivity in the workplace. The Georgia Meth Project will launch its widely acclaimed prevention campaign in March 2010. 2. Assessing the H1N1 2009 Flu Pandemic – Pat O’Neal This workshop will assess the good, bad and ugly concerning the H1N1 flu pandemic of 2009 that will include lessons learned and planning for the future. 3. Columbine 10 years Later – What Have we Learned This workshop will discuss the tragedy that occurred at Columbine High School on April 20, 1999 that drastically changed our nation’s views on school safety, violence prevention and incident response. This session focus on lessons learned after Columbine from the perspective of a student who has lived through it. 4. Understanding and Applying the SPF to Enhance Competitiveness for Discretionary Grants – Brenda Rowe, PhD The Strategic Prevention Framework (SPF) changes SAMHSA’s approach to prevention, and helps move the vision of a healthier U.S. to State and community-based action. The SPF is built 	

on a community-based risk and protective factors approach to prevention and a series of guiding principles that can be utilized at the federal, State/tribal and community levels. Workshop participants will be introduced to all 5 steps of the framework and will also learn tips on applying the steps to both community and school-based prevention efforts. The role of local education agencies (LEAs) and individual schools in community efforts as well as community resources to help schools address school climate issues will be addressed.

5. **Bridging the Gap: A look at effective collaborations between School Social Workers and School Psychologists.** – Kiana Clayborn, LMSW

This workshop integrates the combined efforts of the School Social Worker and School Psychologist in bridging the achievement gap between student populations, with the use of diverse program planning, student outreach, professional development, parent involvement and community engagement. Each of these collaborative efforts produces great success for students, both the social work and psychological disciplines, and the school system. The workshop is designed for School Social Workers, School Psychologist, School Counselors, Principals, and all parties interested in implementing effective partnerships and collaborations.

6. **Enhancing Your Personal & Professional Life and That of Your Students, Teachers, Employees, and Peers Through Understanding Your Colors** – Joyce Chandler

Each of us is born with personality characteristics that affect our relationships, communication and life satisfaction as well as that of our students and others with whom we work and live. Participants will learn how to have a more balanced personality as they assist employees, students, faculty members, and others in gaining this same insight. Anyone answering "yes" to any of the following questions will find this program most beneficial: Do you sometimes have to deal with difficult people? Do you have to deal with the public? Do the way others work stress you out? Do you want to better understand the people you love. Participants will consider the above questions as they are introduced to specific uses of the "colors" inventory in working with employees, students, parents, faculties, family members, and peers.

7. **Breaking the Cycle of Violence** – Stephen Daley, M.Ed

This workshop will go outside the box and identify a proactive whole brain curriculum that is working to Break the Cycle of Violence in our children's lives. This session will describe the radKIDS Personal Empowerment Safety Education and Life Skills Program.

8. **HIV/AIDS** – Michele Staples-Horne, PhD

10:30 – 10:45 **Break – Snacks provided**

10:45 – 12:00 **Morning Concurrent Sessions J**

1. **Cutting** – Continued

2. **Meth Project** – Repeat

3. **Pandemic** – Repeat

4. **Understanding and Applying the SPF**– Continued

5. **Eating Disorder Information for the School Setting**– Christine Engstrom, RD, LD

This workshop will help you learn the language of eating disorders to help answer frequently asked student questions, identify eating disorder signs and symptoms, develop school strategies for assisting students with eating disorders, and Tips for communicating with Parents.

6. **Crisis Planning** – Sgt. Charles Grefski

This workshop will show how to develop an Emergency Operations Plan. The plan should include vulnerability assessments/Commodity flow surveys, a school master plan, and development of generic guides for every classroom. Discussion will also include exercises and evaluations and the next step of Continuity of Operations (COOP).

7. **Colors** – continued

8. **Breaking the Cycle of Violence** – continued

9. **HIV/AIDS** – Michele Staples-Horne, PhD