

UNDERSTANDING OF ALCOHOLISM SCALE (3AC016)

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INSTRUCTIONS: For each of the following statements, rate the extent to which you agree or disagree, using the scale provided. If you neither agree nor disagree, circle "3" (Unsure).

Do you agree?	<u>Strongly</u> <u>Disagree</u>	<u>Mostly</u> <u>Disagree</u>	<u>Unsure</u>	<u>Mostly</u> <u>Agree</u>	<u>Strongly</u> <u>Agree</u>
1 A person's environment plays an important role in determining whether he or she develops alcoholism.	1	2	3	4	5
2 If an alcoholic has a drink, he or she loses control and is unable to keep from getting drunk.	1	2	3	4	5
3 Anyone can develop alcoholism if he or she drinks enough.	1	2	3	4	5
4 Denial is a part of the personality of alcoholics.	1	2	3	4	5
5 People can be <u>born</u> alcoholic.	1	2	3	4	5
6 Alcoholics tend to be weak in morals or character.	1	2	3	4	5
7 Alcoholics Anonymous (AA) is the only really successful route to recovery.	1	2	3	4	5
8 Spiritual problems lie at the core of alcoholism.	1	2	3	4	5
9 Alcoholism is caused, in part, by growing up in a troubled family.	1	2	3	4	5
10 Alcoholics can sometimes learn to control their drinking.	1	2	3	4	5
11 Alcoholics who are drinking usually lie about how much they drink.	1	2	3	4	5
12 Anyone who has a blackout is an alcoholic.	1	2	3	4	5
13 As long as an alcoholic keeps drinking, the problems get worse.	1	2	3	4	5
14 There are alcoholics in the world who have never had a drink.	1	2	3	4	5
15 The more a person drinks, the greater the chances of becoming alcoholic.	1	2	3	4	5
16 A person's genes determine whether he or she will be an alcoholic.	1	2	3	4	5

Do you agree?	<u>Strongly Disagree</u>	<u>Mostly Disagree</u>	<u>Unsure</u>	<u>Mostly Agree</u>	<u>Strongly Agree</u>
17 Once a person is an alcoholic, he or she will always be an alcoholic.	1	2	3	4	5
18 Alcoholism is, in part, a spiritual problem.	1	2	3	4	5
19 Alcoholics who are drinking can't make good decisions for themselves.	1	2	3	4	5
20 Alcoholism is caused, in part, by what one learns about alcohol and the drinking patterns of one's family and friends.	1	2	3	4	5
21 Every alcoholic must accept that he or she is powerless over alcohol and can never drink again.	1	2	3	4	5
22 In the long run, most alcoholics recovery and live relatively normal lives.	1	2	3	4	5
23 Drinking alcoholics are liars and cannot be trusted.	1	2	3	4	5
24 There are only two possibilities for an alcoholic: lifelong abstinence or death.	1	2	3	4	5
25 Unless alcoholics rely on God or a Higher Power, they will not recover.	1	2	3	4	5
26 Some alcoholics recover without AA or any kind of treatment.	1	2	3	4	5
27 The society or culture in which one grows up has a significant influence on whether or not one becomes alcoholic.	1	2	3	4	5
28 Even when they are not drinking, alcoholics' bodies are different from those of nonalcoholics.	1	2	3	4	5
29 A person can develop alcoholism because of underlying psychological problems.	1	2	3	4	5
30 There are "problem drinkers" who have significant problems with alcohol, but who are not alcoholic.	1	2	3	4	5
31 Most alcoholics relapse after treatment.	1	2	3	4	5
32 The development of a spiritual faith is critical for recovery from alcoholism.	1	2	3	4	5
33 Every alcoholic is one drink away from a relapse.	1	2	3	4	5
34 There are no shades of gray; either you are an alcoholic or you aren't.	1	2	3	4	5
35 Weakness of character is an important cause of					

Do you agree?	<u>Strongly</u> <u>Disagree</u>	<u>Mostly</u> <u>Disagree</u>	<u>Unsure</u>	<u>Mostly</u> <u>Agree</u>	<u>Strongly</u> <u>Agree</u>
alcoholism.	1	2	3	4	5
36 Alcoholics have a different personality than other people.	1	2	3	4	5
37 Alcoholism is not caused by drinking.	1	2	3	4	5
38 Alcoholics are more self-centered than other people.	1	2	3	4	5
39 Compared to other people, alcoholics often show a lack of strong moral values, even before they begin drinking.	1	2	3	4	5
40 Alcoholism is often caused, at least in part, by underlying emotional problems.	1	2	3	4	5

Demographics

- A. Gender: Female Male
- B. Race: Check only one. African American or Black Asian American Indian Alaska Native
Native Hawaiian/Other Pacific Islander Multi-Racial Caucasian/White
- C. Are you Hispanic or Latino? Yes No
- D. Age: _____
- E. Marital status: Check only one. Single Separated Divorced Widowed Cohabiting Married
- F. Highest grade of school you have completed: Check only one. 4-year college degree Some graduate school
Master's or professional degree Doctorate
- G. In what area is your highest degree? Check only one. Criminal justice Social Work Counseling
Education Psychology, sociology or other social science Other: _____
- H. How long have you been employed in the: (check one)
 criminal justice field human services field (counseling, etc.) _____
Months Years
- I. Current job title: _____ How long? _____
Months Years
- J. I am in recovery from substance abuse. Yes No Don't know

(over)

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Record the number (1, 2, 3, 4, or 5) you circled for each statement in the corresponding space below. For the two starred (*) items (#4* & #36*), reverse the direction for scoring so that if you circled a 1, you enter below a 5, 2=4, 3=3, 4=2, and 5=1. After all answers are entered, sum each column of numbers at the bottom before dividing by the indicated number.

Statement #	#1		
#2	#3		
		#4*	
#5			#6
#7			#8
	#9		
	#10		
#11			
#12			
#13			
#14	#15		
#16			
#17			
#18			
#19	#20		
#21		#22	
#23			
#24			#25
		#26	
	#27		
#28	#29	#30	
	#31		#32
#33			
#34			#35
		#36*	
#37			#38
-----	#40	-----	#39
Sum			
Divide by 18	10	5	7
Equals			
Disease Model	Psychosocial Model	Heterogeneity Model	Moral/Spiritual Model

To ensure your survey results are anonymous while also allowing for this form to be returned to you, complete the following then write the code in the spaces above. For example: EJ29.

Anonymous Code: 1)____ 2)____ 3)____ 4)____

- | | |
|---|--|
| 1) First letter of your mother's first name | 2) Last letter of your mother's first name |
| 3) First digit of your social security number | 4) Last digit of your social security number |

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